



FREE
1.0
RN CE
RD CPEU*

A CONTINUING EDUCATION WEBINAR

WITH THE ABBOTT NUTRITION HEALTH INSTITUTE IN COLLABORATION WITH THE INTERNATIONAL COUNCIL ON ACTIVE AGING

Hydration in Older Adults: Clinical Guidelines and Strategies to Improve Hydration Status

OBJECTIVES:

- Explain physiological changes and symptomology in dehydration.
- Learn how to use the Nutrition-focused Physical Exam (NFPE) to assess hydration status and determine specific nutrient requirements.
- Review clinical guidelines and examine specific strategies through patient case studies.

MEETING INFORMATION:

Date: Tuesday, October 1, 2024

Time: 9:00am – 10:00am PST

[CLICK HERE TO REGISTER](#)

FACULTY:



STEPHEN KOESTERS
MD, MBA, FAAP, FACP

General Internal Medicine
The Ohio State University
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Participants can only claim credit for one of the learning formats (live program or self-study). To receive credit for the self-study program, participants must complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

*The CPE activity application for Hydration in Older Adults: Clinical Guidelines and Strategies to Improve Hydration Status is pending CDR review and approval for 1 CPEU.

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